



2024 DALCROZE ACADEMY

Nurture your creativity, deepen your understanding, & embrace new ways of knowing music through purposeful movement!



Experience the joy & artistry of Dalcroze Education!

Earn the Dalcroze Professional Certificate & Dalcroze License!

World-class faculty & outstanding facilities will move & inspire you!

License/Pre-Diplôme Course: July 8-July 27

Professional Certificate Course : July 15-July 27

Email info@dalcrozemusic.com for more information!

All classes are hosted the Suzuki Music Institute of Dallas



THE DALCROZE SCHOOL OF MUSIC & MOVEMENT

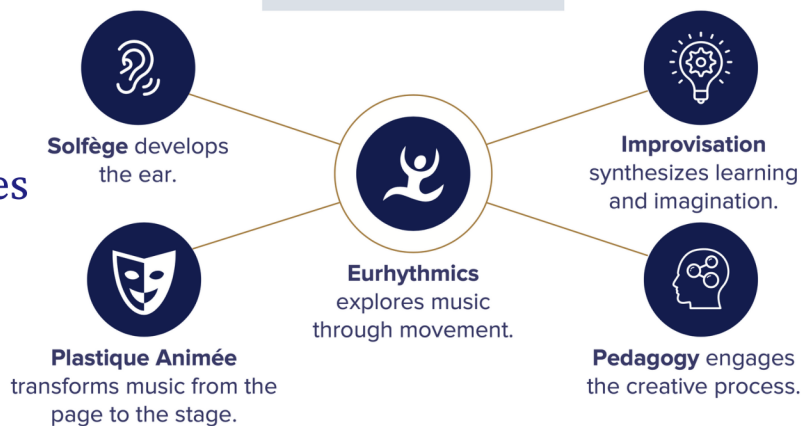
Artistry in Motion since 2010!
(formerly the Dalcroze School of the Rockies)



Program Highlights

- Earn the Dalcroze Professional Certificate or Dalcroze license through in-person & online classes
- Courses available during the Academic Year & in the Summer
- Joyful learning with a focus on excellence
- Student-centered instruction, lessons, handouts, and repertoire
- Experiential concepts for musicians, dancers, educators, & therapists
- Somatic learning improves performance practice
- Comprehensive textbooks facilitate mastery

THE APPROACH



For more info, visit www.dalcrozemusic.com!

What Does Dalcroze Education Provide to Musicians?

- ❖ Dalcroze Education offers an experiential way of knowing music through the body.
 - Musicians discover musical concepts in a playful manner, rather than by rote.
 - Musical concepts become more tangible, less arbitrary.
 - The teacher continually improvises activities—change is a constant in the lesson.
 - Students must be continually present, alert, and invested in such a classroom dynamic, resulting in heightened listening skills, improved flexibility, and a bolstered intuitive response to music.
- ❖ Dalcroze Education uses movement, a *non-verbal form of communication*, to teach music, a *non-verbal art*.
 - As we can't see or touch music, embodying it physically makes it more vivid and tangible.
 - Feeling musical concepts in our bodies improves our ability to store and recall musical information, facilitating a workable musical vocabulary, one that is immediate and purposeful.
 - Dalcroze builds an exceptional gateway to impart music aesthetics, affect, and meaning to musicians of all ages.
- ❖ Dalcroze Education enables the entire body as an instrument.
 - The body can express many layers of musical information at the same time, making it a vehicle for learning the multitasking required for a successful performance.
 - Dalcroze trains the body to attain supple and fluid independence—at the same moment, the feet can perform one idea, the hands and arms another, and the voice yet another.
 - When musical and physical skills are strengthened jointly, navigating an instrument becomes much easier, communication in chamber music becomes more effective, and orchestral ensemble skills improve dramatically.
- ❖ By its nature, Dalcroze study remains one of the few process-oriented methods of music education available today. For this reason, it works exceptionally well in tandem with private lessons.
- ❖ Dalcroze Education is governed by ten principles; the combination of these principles distinguishes our work from other educational methods:
 1. Music is the stimulator, motivator, and regulator in the classroom.
 2. Movement is the means for learning (the body is the instrument).
 3. Listening is an active experience.
 4. Participants and the teacher constantly adapt to the music, the space, materials, each other, etc.
 5. Relationships of time, space, and energy are a means for learning music concepts.
 6. Learning is discovery-based (experiential).
 7. Experience occurs before analysis (theory follows practice).
 8. Imagination, improvisation, and invention engage students in the process.
 9. The spirit of play (joy) runs throughout the method.
 10. Social interaction (*Plastique Animée en groupe*) works with music as a communicative and collaborative art.
- ❖ Dalcroze study is comprehensive, integrating three main categories:
 1. **Eurhythmics** provides training in *structural elements* (beat, rhythm, meter, texture, phrase, and form) and *aesthetic elements* (dynamics, nuance, articulation, and affect). As students gain control of their bodies, they become freer to express themselves creatively in both movement and music.
 2. **Solfège** trains the eyes, ears, and voice, enabling a student to listen to music and transcribe it onto paper, and to look at sheet music and hear it internally without the use of an instrument.
 3. **Improvisation** enables students to create music instrumentally or vocally, usually beginning with movement or vocalization to facilitate the creative process. Bodily gestures relate to gestures used at the instrument, clarifying connections between movement and music.
- ❖ Emile Jaques-Dalcroze created and implemented his ideas in teaching pre-professional conservatory students around 1900. As the first modern method of music education, his work was later modified for children. It remains an essential part of the curriculum at leading institutions of music, elementary through collegiate, around the world. Stravinsky, Bloch, Diaghilev, Nijinsky, Honegger, Du Pré, and William Westney are among the artists who worked with Dalcroze or were directly affected by his philosophy.

Dalcroze Credentials

1. The Dalcroze Professional Certificate enables its holder to teach students of any age through an early intermediate level. There are evaluations in Eurhythmics, Solfège, Improvisation for each stage of training:
 - Level 1 culminates in The Introductory Dalcroze Credential.
 - i. One Juror is required and one Diplômé must oversee part of the training.
 - Level 2 culminates in The Applied Dalcroze Credential.
 - i. Two jurors are required and one Diplôme must oversee part of the training.
 - ii. A pedagogy evaluation and a written portfolio is also required for those who do not continue to Level 3.
 - Level 3 culminates in The Dalcroze Professional Certificate.
 - i. Three jurors are required and two Diplômés will ideally oversee part of the training.
 - ii. A pedagogy evaluation and a written portfolio is required.
2. The Dalcroze License enables its holder to teach students of any age through advanced levels.
 - Level 4 and Level 5 culminate in The Dalcroze License.
 - i. Three jurors are required and two Diplômés will ideally oversee part of the training.
 - ii. A pedagogy evaluation and a written portfolio is required.
3. The Dalcroze Diplôme-Supérieur enables its holder to represent the method in all its branches and applications. Only holders of the Diplôme-Supérieur have the authority to offer independent training schools in *la Méthode Jaques-Dalcroze*. This credential is only offered in Geneva, Switzerland at the Institute Jaques-Dalcroze.

Timelines

1. Individual timeline for completing Dalcroze training will depend largely on the student's personal skills, daily practice, etc.
2. The minimum timeline for completing the Dalcroze Professional Certificate is 3 summers (2 weeks in-person at the Dalcroze Academy) and 2 academic years of coursework (virtual or in-person). For example:
 - i. Summer 1, Level 1 evaluations.
Academic Year 1, prepare for Level 2.
 - ii. Summer 2, Level 2 evaluations.
Academic year 2, prepare for Level 3.
 - iii. Summer 3, Level 3 evaluations.
3. The minimum timeline for completing the Dalcroze License is 3 summers (3 weeks in-person at the Dalcroze Academy) and 2 academic years of coursework (virtual or in-person). For example:
 - i. Summer 1, no evaluations.
Academic Year 1, prepare for Level 4.
 - ii. Summer 2, Level 4 evaluations.
Academic year 2, prepare for Level 5
 - iii. Summer 3, Level 5 evaluations.

Evaluation and Other Program Details

1. Courses are conducted in English. Solfège courses will be taught using letter names for pitch names and scale degree numbers for functional relationships.
2. At least 50 % of every improvisation exam must be done at the piano, but other instruments may be used for parts of the improvisation exams. A basic knowledge of the keyboard is sufficient to begin training; many of our students are instrumentalists and vocalists!
3. Participation in Plastique Animée is required at each level of training.
4. In general, examinations are in person for all branches and levels.
5. Students should see the DSM student handbook (www.dalcrozemusic.com: click adult programs/student handbook) for more information. Please contact info@dalcrozemusic.com for all other inquiries; we are excited to welcome you to our program ☺ !